Assessment Examination Credit Type F:

Special regulation for students in subject-specific training under 24 years of age

Cooperation between subject-specific training institutions and universities

For students at universities, a credit transfer type adapted to the circumstances applies.

Since 2004, it has been possible in Austria to study psychotherapy science. It is a special study program that combines theory, practice and research. A new discipline has thus emerged, which is not to be understood as competition to the subject-specific training associations, but rather teaches the basics of science beyond overlapping elements.

The study of psychotherapy science has as a special feature a specialization in a psychotherapeutic method from the 5th semester onwards.

In order to be able to offer psychotherapeutic teaching content in an appropriate and specialized manner, cooperation has been established between the university and subject-specific associations that offer their curriculum at the place of study (as an additional location of the FS) as part of the Psychotherapy Science degree program.

Students who are interested in the legally prescribed path of training as a psychotherapist can be admitted to the association as regular training candidates. The acceptance of students as regular candidates in the subject-specific association is based on the determination of the corresponding aptitude by the association and the age of 24 years.

The completed curriculum is credited towards the PTW degree.

If students are younger than 24 years of age, but interested in teaching in the respective method, they are SFU students who complete a specialization in a Pth. method as part of their studies from the 5th semester onwards. These students take part in the lessons in the same group as the candidates - a special feature of the SFU location. This also ensures undisturbed development, continuity and coherence of the group.

If the student is then 24 and the student also wishes to be admitted to the subject-specific association because he/she has decided to complete subject-specific training in the method in which he/she has specialized so far, in order to be able to be registered in the future as an independent psychotherapist in the list of the Ministry of Health, he/she applies for admission to the subject-specific association. Whether the students can continue the training in the association as regular candidates depends on an examination carried out by the association, the content of which is to determine whether the previously acquired contents could also be integrated accordingly.

Previously completed learning steps can be credited in case of equivalence according to §12 PthG. Within the framework of an assessment test, which is conducted by the respective association.

Basically, the following criteria are to be considered for the examination:

- integration of theory and practice
- Degree of reflective ability
- Level of personality development
- Behavior in a social context (group)

Equivalence is checked and, if positive, the learning steps taken so far are credited.

The important arguments of the Psychotherapy Advisory Board of the required unity, continuity and coherence are given by the special nature of the study program, since the content and emotional orientation of the deepening in a specific psychotherapeutic school is also given not only to the candidates but also to the students.

From the age of 24, they too - if the relevant requirements are met - can be awarded the status of Pth. iAuS.

If a student does not wish to complete an education, he/she remains a student of the SFU without being a candidate of the association. The completed learning steps are credited to the PTW study program.

Due to the special nature of the SFU study program, the requirement of continuity and coherence is 100% given. Comparable to credits from abroad, this therefore also represents one of those justified cases in which the 1/3 regulation is not applicable.