

CV

Dr.in Saba Khodayarifard

Education

October 1993 - June 1997 **Matura** – Hoda High School, Tehran (Average mark: 19.03*)
 October 1997 - April 2001 **Bachelor's** Degree in Clinical Psychology from the University of Tehran, (Average mark: 18.22*); Topic of dissertation: *Tree Drawings in Children with vs. without ADHD* (Persian)
 October 2001 - October 2005 **Master's** Degree in Clinical Psychology from Iran University of Medical Sciences, (Average mark: 18.34*), Topic of dissertation: *Comparison of four Projective Drawing Tests in Children with vs. without History of Physical Abuse* (Persian)
 October 2007- May 2012 **Doctorate** in Psychotherapy Science from Sigmund Freud Private University, Vienna (Summa cum laude); Topic of dissertation: *Shift Events and Psychotherapy Outcome* (English)
 2009 – 2013 **Psychoanalysis** education and training at the Innsbruck psychoanalytic institute, Psychoanalytisches Seminar Innsbruck (PSI). Registered in the list of psychotherapists of the Ministry of Social Affairs and Health since 15 October 2013.

*All marks are out of 20.

Further Qualifications:

2001 – 2005 Training in Integrated Psychodynamic Psychotherapy at Tehran Psychiatric Institute, Iran University of Medical Sciences
 6 July 2006 Registration as a clinical psychologist in Tehran
 2002 – 2003 Training in Systemic Couple and Family Therapy at Tehran Psychiatric Institute, Iran University of Medical Sciences
 2003 Training in Child and Adolescent Psychotherapy in SFU

Experience

Jan. 2002 – Jun. 2007 Clinical psychologist and psychotherapist under supervision in Tehran, Iran

- Psychotherapist under supervision in Tehran Psychiatric Institute, Iran University of Medical Sciences
- Psychotherapist under supervision in Shahid Beheshti University in Tehran (Family and Child Clinic)

- Member of a therapeutic team in Development's New Horizons, a psychotherapy center in Tehran

2007-2011 Psychotherapist under supervision in Vienna, Sigmund Freud Outpatient Clinic
 June 2012 – Aug. 2013 Lecturer at the Sigmund Freud University Vienna
 25.09.12 – 25.04.13 Psychotherapist under supervision in Vienna's General Hospital (AKH)
 Seit 15.10.13 Licensed psychotherapist in Vienna
 Jan. 2014 - August 2017 Psychotherapist at the SFU Psychotherapy Clinic for Children and Adolescents
 Seit 2018 Lecturer, supervisor, and training therapist/training analyst at the Sigmund Freud University

Memberships:

Austrian Federal Association for Psychotherapy (Österreichischer Bundesverband für Psychotherapie: ÖBVP)
 The International Neuropsychoanalysis Society (NPSA)
 Psychoanalytisches Seminar Innsbruck (PSI), Institute for applied psychoanalysis (IAP)
 Viennese Psychoanalytic Academy (Wiener Psychoanalytische Akademie)
 Austrian Iranian Doctors' Community (Österreichisch Iranische Ärzte Gesellschaft: ÖIÄG)
 Union of Iranian Academicians (Union Iranischer Akademiker: UIA)
 Viennese Community for Psychotherapeutic Care (Wiener Gesellschaft für Psychotherapeutischer Versorgung: WGPV)

Earlier memberships:

Union of Austrian Psychotherapists (Vereinigung Österreichischer Psychotherapeutinnen und Psychotherapeuten: VÖPP)
 National Institute for the Clinical Application of Behavioral Medicine (NICABM)
 Society for Psychotherapy Research (SPR)

Publications:

Khodayarifard, S. (2012) *Shift events and psychotherapy outcome*. Doctoral dissertation, University of Sigmund Freud Vienna.
 Khodayarifard, S. (2013). *Psychoanalysis with a Case of Chronic Heart Neurosis and Panic Attacks*. Case Presentation for the Psychoanalysis Training, Psychoanalytisches Seminar Innsbruck (PSI).
 Khodayarifard, M., Pritz, A., Khodayarifard, S. (2009). Integrated psychodynamic therapy of panic disorder: a case study. *International Journal of Psychotherapy*, 13(1), 49-62.
 Khodayarifard, M., Pritz, A., Khodayarifard, S. (2008). The impact of group and individual cognitive-behavioral intervention on the mental health state of male prisoners. *International Journal of Psychotherapy*, 12(2), 50-66.
 Khodayarifard, M., Rehm, L. P., Khodayarifard, S. (2007). Psychotherapy in Iran: a case study of cognitive-behavioral family therapy for Mrs. A. *Journal of Clinical Psychology*, 63(8), 745-753.
 Khodayarifard, M. & Khodararifard, S. (2007). Applying cognitive-behavioral family-therapy combined with chiropractic in treatment of psychosomatic disorders (Masculoskelt). *Journal of Psychosomatic Obstetrics and Gynecology*, 28, 299-304.
 Khodayarifard, S., Abedin, A., Yazdandoost, R. Y., Pourshahriari, M., Gharaee, B. (2007). Comparing

the results of projective drawing tests in physically abused vs. normal children. *Journal of Family Research*, 3(9), 455-469.

Congress Presentations:

Khodayarifard, S., Mergenthaler, E. (2009). Shift events and psychotherapy outcome: What are the causes for shift events and how do they correlate with good or poor therapy outcome. *7th European SPR Conference*, 1-3 October 2009, Bolzano/Bozen, Italy.

Khodayarifard, M., Pritz, A., Khodayarifard, S. (2008). Integrative psychodynamic therapy of panic disorder: a case study. *The 5th World Congress of Psychotherapy*, 12-15 October 2008, Beijing, China.

Khodayarifard, M., Pritz, A., Khodayarifard, S. (2008). Applying cognitive behavioral family therapy in treatment of a psychosomatic disorder, *The 5th World Congress of Psychotherapy*, 12-15 October 2008, Beijing, China.

Khodayarifard, M., Khodayarifard, S. (2007). Treatment of gender identity disorder using cognitive behavioral family therapy: a case study. *10th European Congress of Psychology*, 3-6 July 2007, Prague, Czech Republic.

Khodayarifard, M., Khodayarifard, S. (2007). Cognitive behavioral family therapy for sexual abuse in adolescence: a case study. *10th European Congress of Psychology*, 3-6 July 2007, Prague, Czech Republic.

Khodayarifard, M., Khodayarifard, S. (2007). Applying cognitive behavioral family therapy combined with chiropractic in treatment of psychosomatic disorders. *The XV International Congress of the International Society of Psychosomatic Obstetrics and Gynecology*, 13-17 May 2007, Kyoto, Japan.

Khodayarifard, M., Khodayarifard, S. (2007). Applying cognitive behavioral couple therapy in treatment of alcoholism: a case study. *The 4th Pan Asiatic Congress*, 18-20 May 2007, Ekaterinburg, Russia.

Khodayarifard, M., Khodayarifard, S. (2006). The effect of family therapy based on cognitive behavioral approach in treating social phobia: a case study. *2006 International Congress of Psychotherapy in Japan & The Third International Conference of Asian Federation for Psychotherapy*, 28 August- 1 September 2006, Tokyo, Japan.

Languages:

Persian – mother language

English

German